



Oasi di Galbusera Bianca

CHARMING ORGANIC AGRITURISMO

BALANCING AYURVEDIC TREATMENTS

ABHYANGA

(Soul massage)

NEERABHYANGA

(Ayurvedic draining treatment)

SHIROABHYANGA

(Head and face Indian massage)

ABHYANGA (Soul massage)

The massage movements are thorough, smooth and slow, the whole body is treated in the sway of a dance.

It is tailored on the humour that needs rebalancing:
air/fire/earth/water.

It may be dynamic, relaxing, draining or emotional.

The technique used is the listening.

The balance between the energies which govern the mental-energy-emotional-physical levels is restored with the touch, specific oils, natural powders and vibrational techniques, which rebalance the energy flow

SOUL MASSAGE

60 MINUTES 75€

AYURVEDIC DRAINING TREATMENT

PARTIAL TREATMENT

30 MINUTES 45€

HEAD, FACE AND NECK

INDIAN MASSAGE

PARTIAL TREATMENT

30 MINUTES 45€

ADVANCE BOOKING REQUIRED

Organic Restaurant - Organic Lodges
WWF Oasis for Biodiversity
Biodynamic Agriculture
Meetings and Team Building facilities
Children's Oasis - Wellness

INFO AND BOOKING:

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